



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

May 16, 2013 ♦ 9:00 a.m. – 11:00 a.m.

Buellton Recreation Center ♦ 301 Second Street, Jonata School ♦ Buellton, CA

MINUTES

1. Welcome and Introductions

Deborah Holmes welcomed everyone and introductions were made.

Attendance: Bonnie Campbell, Carolyn Contreras, Sandra Copley, Michelle Falvey, Michelle Graham, Brenda Herrera, Deborah Holmes, Amy Krueger, Noel Lossing, Alma Marquez, Nora Melendez, Judi Nishimori, Karin Powers, Teresa Rodriguez-Johnes, Arcelia Sencion

Staff: Liz Drake, Barbara Finch

2. Approval of April 18, 2013 Minutes

Bonnie stated that she attended the April 18, 2013 CAPC meeting; however, she was not listed as attending. She motioned to approve the April 18, 2013 minutes with the aforementioned change; Carolyn seconded the motion and the minutes were approved unanimously.

3. Public Comment

There was no public comment.

4. Strengthening Families Revisited

a. Update from the Center for the Study of Social Policy

Teresa stated that she and Barbara had the opportunity to attend a state-wide Family Development Matrix (FDM) Workshop where they received information on the developing indicators for the five protective factors. Teresa gave an informative PowerPoint presentation on the Strengthening Families framework, each of the protective factors (what we know, what we can do and evaluative indicators) including how they are being defined and how they can become more meaningful and clear to families (see attached). Teresa reported that 43 states are now implementing the protective factors; seventeen states, California included, have strategies for implementing them into Child Welfare Services (CWS).

b. Alignment with the Family Development Matrix

Teresa stated in order to be aligned with CWS outcomes, the focus at the national level is child safety with movement toward goals in permanency and well-being. She added that the future of strengthening families is in creating a “new normal” for child and family serving organizations and systems. The goal is to build and promote the protective factors and focus on prevention. Barbara shared that the purpose of bringing the protective factors to the forefront of the Family Development Matrix (FDM) is to reduce the risk of child abuse and neglect. Teresa mentioned that she thinks there will be some pilot programs once an official draft is complete. Barbara concluded the presentation by stating that the newly refined FDM tool will probably take a year or so to release and thanked Teresa for keeping the CAPC updated.

5. New Protective Factors Survey

Copies of the most current Protective Factors Survey, informational flyers on each protective factor and the Protective Factors Survey Manual were distributed to those in attendance for review (see attached).

New Protective Factors Survey (continued)

Deborah stated that Child Abuse Listening Mediation (CALM) started using the new survey in their domestic violence program and she has received positive feedback. Deborah added that she believes the current version is aligned more closely with the protective factors. Barbara mentioned that the manual has paraphrasing instructions for staff, which creates consistency. Teresa shared that some of the THRIVE sites are using it to gauge what's going on in the community, but it is not used in the Family Resource Centers because the Family Data Matrix (FDM) addresses some of the same issues. Judi asked if anyone tried the dependent samples t-test mentioned on page 28. She added that the t-test would be good to use it because it's more valid than just comparing pre and posttest results. Teresa replied that she believes First 5 uses the t-test. Barbara asked Teresa to report back what First 5 staff thinks about using this statistical tool in terms of the survey. Barbara asked those in attendance to look at the survey more closely, run it by their advocates, and report back next month. She stated that she would like everyone to be using the same tool by the beginning of the next fiscal year; however, it should not replace the Family Data Matrix (FDM). She added that it might be good if someone tests the data analyzing tool as well, which can be found on <http://friendsnrc.org/protective-factors-survey>.

6. Strategic Directions for CAPC 2013-2104

Barbara stated that in considering recent discussions around the strategic direction of the CAPC, she referred to the County's Five Year Plan which was recently approved by the Office of Child Abuse Prevention (OCAP). Barbara gave a PowerPoint presentation which reviewed the Five Year Plan for System Improvement (see attached). She asked those in attendance to go through each section and brainstorm what is working, the weak links, and what is needed. The following feedback was given:

Strengthen the Continuum of Services

What is working?

- a. Assembly Bill 109 community group meetings in Lompoc addressing drugs, gangs, violence, etc. The goal is to connect the community with available services to support families with adolescents.
- b. County-wide Department of Social Services and Child Abuse and Neglect projects. Agencies are working together in a way they haven't before.
- c. Transitional age youth programs (18-25 years old) at St. Vincent's.

What are the weak links? What is needed?

- a. County mental health services for children.
- b. North County domestic violence crisis services and services for children impacted by domestic violence and molestation.
- c. North and South County divide in bilingual and other needed services.
- d. Alcohol, Drug and Mental Health Services/Recovery Community connection.
- e. County-wide support for families with adolescents in crisis.
- f. Perinatal substance abuse services – Partner with the Maternal Child Mental Health & Substance Abuse Coalition.
- g. Map of parenting education resources
- h. Collaboration with Probation.

Strengthen Networks

What is working?

- a. Memorandum of Understanding with the Child Abuse Prevention Council, Child Care Planning Council and the Network of Family Resource Centers.
- b. KIDS Network and Child Abuse Prevention Council.
- c. Regional network of Santa Barbara, San Luis Obispo and Ventura County Child Abuse Prevention Councils (CAPC). The coalition is no longer funded by the Office of Child Abuse Prevention (OCAP); however, the leaders are working with OCAP on how the prevention community can still be involved with what's happening at the state level.
- d. Santa Barbara County's participation in the statewide network for the Strengthening Families roundtable.
- e. Relationship between family advocates and schools districts in North County.

Strengthen Networks (Continued)

What are the weak links? What is needed?

- a. Better communication in regards to agency campaigns and key messaging on prevention to the broader community.
- b. Stronger connection with school districts. Hold an event to strengthen appreciation of family advocates and Family Resource Centers in South County. Take a broad approach by linking with other agencies and county approved advisory boards (Council on Alcohol and Drug Abuse, Mental Health Association, Family Service Agency, etc.) to outreach to districts and attend their Board Meetings.

Collaboration with Child Welfare Services (CWS)

What is working?

- a. Representatives from CWS are attending the CAPC meetings.
- b. The CAPC is partnering with CWS on Mandated Reporter Trainings.
- c. The CAPC and CWS work together on the County Self-Assessment and System Improvement Plan.
- d. First 5 leveraged funding for Differential Response.
- e. CWS is participating in the Grants Consortium.
- f. Resources and connections have been strengthened by increased collaboration with CWS.
- g. CWS is collaborating with faith-based organizations.

What are the weak links? What is needed?

- a. Create a regional map of resources for at-risk families (substance abuse, mental health, etc.)
- b. Bridge the gap between prevention and intervention
- c. Develop innovative practices between referring agencies in order to bring funding to the community
- d. Bring parent partnership/leadership to CWS families. North County has Family Drug Treatment Court parent mentors; South County has no Family Drug Treatment Court.
- e. Combine resources and materials with Children's Resource and Referral in order to avoid duplication.

Focus on Underlying Issues

Barbara identified the underlying issues as the substance abuse recovery community, what's happening with children and families who are exposed to domestic violence, and mental health issues.

What is working?

- a. A strong and involved leader at Domestic Violence Solutions who is increasing collaboration with other agencies and increasing the level of cross training.

What are the weak links? What is needed?

- a. Add sexual assault as an underlying issue.
- b. Increase collaboration with Santa Barbara Rape Crisis. North County is involved, South County isn't.
- c. Continue outreach to the substance abuse community. Invite an advocate from Lompoc to attend CAPC meetings.
- d. Cross train each other in areas of domestic violence, sexual abuse, mental health issues, etc. and how to access services.
- e. Work on incorporating child abuse prevention in the County Alcohol Drug and Mental Health Services protocol treatment matrix. Connect with the Alcohol and Drug Program Division to enhance their services for children.

Focus on Best Practices

What is working?

This item was skipped due to lack of time.

What are the weak links? What is needed?

- a. Need more evidence-based therapeutic services.
- b. Need more evidence-based parent education. More research is needed about what the best practices are and what really works.
- c. Need more father engagement.

Focus on Best Practices (Con't)

Barbara concluded the presentation by reviewing the current CAPC strategies (see attached). She discussed what the CAPC is doing in terms of professional development, parent partnership and policy and systems change.

6. Budget Discussion

Barbara distributed the CAPC budget to those in attendance and reviewed each category (see attached). She stated that the CAPC will probably receive the same amount of money next year and asked if anyone felt changes were needed. Barbara added that because the CAPC budget comes from the Children's Trust Fund, any unspent money remains in the account; however, the surplus of the fund is dwindling. Deborah asked if the person chosen for the parent leadership role would be paid or if it would be a volunteer position. Barbara stated that the person would be paid and that it would take money away from the parent stipends. Amy suggested that Child Welfare Services may be able to pay for the parent leadership position.

Barbara suggested creating subcommittees for each budget category for planning purposes. Arcelia suggested creating a task force for moving CAPC activities forward. Noel suggested that these subcommittees and/or task forces meet 15 minutes before the meeting and then report what was discussed. After further discussion, Barbara stated that the CAPC budget categories and amounts will remain the same for the 2013/2014 fiscal year.

7. Updates and Announcements

Sandra announced that she was asked to write an article on how she believes the Courage to Lead program is creating a positive change in our community where agencies are working and collaborating better. She was asked to do this after mentioning her observations at a retreat headed by Bonnie. She noticed graduates of the program using the skills they learned at the Santa Barbara County Grants Consortium. The article was recently published in Parker Palmer's Center for Courage & Renewal yearly newsletter. Parker Palmer is the founder of the national Center for Courage & Renewal and a world-renowned writer, speaker and activist. For those interested in the program, please see the website <http://www.leading-from-within.org/>.

Teresa shared that First 5 is starting its strategic planning process and will be including parent focus groups. They would love to have as many parents as possible participate in order to help determine the needs in the community. Child care will be available and a gift card or other type of stipend will be given to the parents who participate.

Karin announced that the North County Rape Crisis and Protection Center is having Kids Day at El Camino School in Lompoc on Sunday, May 19th.

Barbara reminded those in attendance that Liz distributed a flyer for the Health Care Reform Forum being held on May 23rd at the Goleta Union School District Office. She also announced that Postpartum Education for Parents (PEP) has new a free discussion group starting both in English and Spanish and asked those who are interested to contact her.

Deborah announced that she was accepted to present at the California Child Abuse & Neglect Prevention and Early Intervention Summit in Sacramento on October 16-17, 2013. The theme is *Preventing Child Abuse & Neglect: The Power of Community*. Barbara added that if members are interested in attending, the CAPC will probably help with transportation or registration.

Barbara explained that the next Grants Consortium meeting will be after the next CAPC meeting on June 20, 2013 and there will be convening of grant writers on May 28th.

8. Confirm agenda for next meeting – June 20, 2013

Barbara shared that the allocations process has been completed for Child Abuse Prevention funds. She stated that the agenda on June 20, 2013 will include presentations from the agencies receiving the grants.

Deborah suggested including the Supporting Fatherhood Involvement results on the July 18, 2013 agenda.

10. Adjourn

The meeting adjourned at 11:02 a.m.